



# St. John United Methodist Church 1st Annual 5K Run/Walk

109 North FM 3167  
(Across STC Campus)  
Rio Grande City, Texas  
956-487-4040  
Pastor James Ramirez

## March 20, 2010

Race Starts @ 8:00am

- **5K Awards: Overall Male/Female, Age Groups 1st/2nd/3rd: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 & up.**
- **T-Shirts: Guaranteed to the first 50 registrants.**
- **Race Day Registration begins at 7am.**

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Gender M or F

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Phone \_\_\_\_\_

18 and under \$5.00 \_\_\_\_\_ Over 18 \$10.00 \_\_\_\_\_

**Waiver must be signed with entry.** I know that participating in a road race is a potentially dangerous activity. I assume full and complete responsibility for any injury, accident, or any health related issue which may occur to me during the race, as a result of my participating in the race, or while I am on the premises of the event and I hereby release and hold harmless St. John United Methodist Church, Heritage Development, the sponsors, promoters, and all other persons and entities associated with the event or their agents, employees or otherwise. I further certify that I am in good physical condition and fully able to participate in this event. I grant full permission to any and all the foregoing to use any photographs or records of this event. Further, The City of Rio Grande City is not a sponsor of this event and is harmless from any claims, suits, causes of action, and liability arising out of my participation in this event. I understand that fees are not refundable. I have read, understand, and voluntarily sign this agreement.

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent or guardian if under 18 years of age.

...let us throw off everything that hinders and the sin that so easily entangles,  
**and let us run with perseverance the race marked out for us.**

Hebrews 12:1